

# High School Canteen Menu



#### SANDWICHES

\$3.5
\$4.0
\$4.5
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DBL

#### **SALADS**

WATERMELON WATERMELON CHUNKS E	\$4.5
FRUIT FRESH SEASONAL FRUITS <i>E</i>	\$5.0
SWEET CHILLI CHICKEN LETTUCE, TOMATO, SWEET CHILLI <i>E</i>	\$6.0
CHICKEN CAESAR CHICKEN, COS, EGG, CROUTONS, CHEESE <b>E</b>	\$6.0
GARDEN LETTUCE, TOMATO, CAPSICUM, CARROT, BEET ROOT <i>E</i>	\$5.0
CAESAR COS LETTUCE, EGG, CROUTONS, CHEESE <b>E</b>	\$5.0
CREAMY CHICKEN PASTA E	\$5.0
Peri Peri Chicken Salad <i>e</i>	\$6.0
HAM SALAD E	\$6.0
CHICKEN SALAD <i>E</i>	\$6.0

## SUSHI ROLLS

FERIYAKI CHICKEN <i>E</i>	\$4.0
/egetarian <i>e</i>	\$4.0
TUNA E	\$4.0

## CRUNCHY BREAD ROLLS

SALAD E	\$5.0
SWEET CHILLI CHICKEN 2x TENDERS, LETTUCE, SWEET CHILLI MAYO E	\$6.0
HOT CHICKEN & GRAVY E	\$6.0
CHICKEN, LETTUCE & MAYO E	\$6.0
PERI PERI CHICKEN SALAD <i>E</i>	\$6.0
HAM SALAD E	\$6.0
HOT N SPICY CHICKEN SCHNITZEL WITH LETTUCE & MAYO E	\$6.0

#### DRINKS

DKINKS	
POPPER JUICE 250ML E	\$2.0
WATER 600ML E	\$ 2.5
OAK MILK 300ML E	\$ 2.5
OAK MILK 500ML E	\$4.5
ALOE VERA 500ML E	\$4.0
ICE TEA 500ML E	\$4.0
PUMP WATER 750ML E	\$4.0
PUMP FLAVOURS 750ML E	\$4.5
UP N GO 250ML E	\$3.0
HOT CHOCOLATE E	\$ 2.5
MINERAL WATER 475ML E	\$3.5
ICE BREAK COFFEE 500ML E	\$4.5
SOFT DRINK 375ML NO SUGAR O	\$ 2.9
POWERADE 600ML NO SUGAR O	\$4.5
SOFT DRINK 600ML NO SUGAR O	\$4.5

## **BREAKFAST** BEFORE 9:30AM

HAM SALAD LETTUCE, TOMATO, CARROT, CUCUMBER, BEETROOT  $\mathbf{E}$  \$ 3.5 \$ 6.5

SALAD LETTUCE, TOMATO, CARROT, CUCUMBER, BEETROOT E

SWEET CHILLI CHICKEN LETTUCE, SWEET CHILLI MAYO E

CHICKEN CAESAR CHICKEN, LETTUCE, EGG, CHEESE  ${\it E}$ 

CHICKEN, LETTUCE & MAYO E

COLD & FRESH	
SEASONAL FRUIT <i>E</i>	\$1.2
WATERMELON BOWL WATERMELON CHUNKS E	\$4.5
FRUIT SALAD FRESH SEASONAL FRUITS E	\$5.0
YOGHURT E	\$3.5
MUFFINS HOMEMADE ASSORTED FLAVOURS O	\$3.5
HOT FOOD	
HASH BROWN O	\$ 1.5
CHEESE WRAP TOASTED E	\$3.0
HAM & CHEESE WRAP TOASTED E	\$3.5
HAM, CHEESE & TOMATO WRAP TOASTED E	\$4.0
BACON & EGG ROLL WITH SAUCE O	\$4.5
TOASTED SANDWICHES ASSORTED SPECIALS DAILY <b>E</b>	\$3.5

## **FOOD CODING**

**E** EVERYDAY RATED

\$0.4

\$0.1

BURGERS

O OCCASIONAL RATED

# SNACKS

JELLY CUP

POPCORN	\$1.0			
CHIPS 28GM	\$ 2.0			
PIRANHA SNAPS	\$ 2.5			
COLD				
SNAP APART ICE BLOCKS	\$1.0			
EDOZENI II IICE CI IDS	¢15			

# **EXTRAS**SAUCE PORTIONS

**UTENSILS** 

	•
GRAVY	\$0.5
SOUR CREAM	\$0.5
CHEESE	\$0.5
OTHER	
CONTAINER & LID	\$0.5

## SWEET

BROWNIE	\$1.0
BANANA BREAD	\$ 2.5
BROWNIE BREAD	\$ 2.5
SLICES NOT ALL SCHOOLS	\$ 2.5

# **FEBRUARY**

**Foods Of Asia** 

**AUGUST** 

**Made In America** 

## **MARCH**

\$3.0 \$5.5 \$3.0 \$6.0

\$3.0 \$6.0 \$3.5 \$6.5

**Salad Sensations** 

**SEPTEMBER** 

Mexican

## MAY

\$2.0

**HCA Gives You Wings** 

# **OCTOBER**

**Italian Favourites** 

## **JUNE**

**Jumbo Baked Potato** 

# **NOVEMBER**

**Greek Souvlaki** 

## **JULY**

**Homemade Lasagna** 

## **DECEMBER**

Wrap Up The Year

\$5.0

\$5.0 \$5.5

\$5.5 \$5.5

\$5.5

\$5.0 \$5.0

\$5.0

\$8.0

# HOT BITES

HOT & SPICY CHICKEN WINGS E	EACH	\$1.5
	x4	\$5.0
CHICKEN TENDERS SWEET CHILLI CHICKEN E		\$2.0
GARLIC BREAD LOAF E		\$ 2.5
CUP OF NOODLES TOM YUM, BEEF, CHICKEN, VEGETARIAN O		\$3.5
CHICKEN BREAST NUGGETS O	х6	\$4.0
HOT DOG WITH SAUCE (CHICKEN) O		\$3.5
POTATO WEDGES WITH SAUCE O		\$4.0
NACHOS		
BEEF BEEF MINCE WITH CHEESE - SOUR CREAM 50C O		\$5.0
VEGETARIAN SALSA, LETTUCE, CHEESE - SOUR CREAM 50C O		\$5.0
THE LOT BEEF MINCE, LETTUCE, TOMATO, CHEESE, SOUR CREAM •		\$6.5
PASTRIES WITH SAUCE		
SAUSAGE ROLL O		\$3.8
MEAT PIE O		\$4.5
SPINACH & RICOTTA ROLL O		\$4.5
CHILLI BEEF & CHEESE PIE O		\$4.8
POTATO PIE POTATO & BEEF O		\$4.8

#### RICE - PASTA - NOODLES

DAILY	REG	LGE
BUTTER CHICKEN OUR FAMOUS RECIPE & RICE E	\$4.0	\$6.0
PASTA BOLOGNESE RICH BEEF SAUCE E	\$4.0	\$6.0
FETTUCINE CARBONARA WITH CHICKEN E	\$4.0	\$6.0
BEEF LASAGNA HOMEMADE BEEF E		\$6.5
PRE ORDER	REG	LGE
TERIYAKI CHICKEN STIR FRY WITH RICE E		\$6.0
CURRY CHICKEN WITH RICE E		\$6.0
FRIED RICE E	\$4.0	\$6.0
ROASTED VEGETABLES PASTA FRESH TOMATO SAUCE E		\$6.0
VEGETARIAN LASAGNA GLUTEN FREE E	\$5.2	



**NO FEES** 

\$2

MINIMUM PURCHASE

# MEXICAN SPICY CHICKEN WITH CHEESE **E**

CAACAA OF DIZZA

BBQ CHICKEN & CHEESE WITH BBQ SAUCE E

TOASTED WRAPS
SWEET CHILLI CHICKEN WITH CHEESE E

CHICKEN BURGER WITH LETTUCE & MAYO E

CHEESE BURGER BEEF, CHEESE, TOMATO SAUCE E

CHICKEN & CHEESE BURGER WITH YOUR CHOICE OF SAUCE E

HOT N SPICY CHICKEN BURGER DEVIL FILLET & LETTUCE E

AUSSIE BURGER BEEF, LETTUCE, TOMATO, BEETROOT, BBQ SAUCE E

VEGETARIAN BURGER PREMIUM VEGETABLE PATTIE & SALAD E

HOMEMADE PIZZA	
CHEESE WITH FRESH TOMATO PIZZA SAUCE <b>E</b>	\$4.0
PEPPERONI WITH CHEESE & FRESH TOMATO PIZZA SAUCE E	\$5.0
BBQ CHICKEN WITH BBQ SAUCE <b>E</b>	\$5.0

### **GLUTEN FREE OPTIONS**

RICE - PASTA - NACHOS	REG	LGE
BUTTER CHICKEN OUR FAMOUS RECIPE & RICE	\$4.0	\$6.0
PASTA BOLOGNESE RICH BEEF SAUCE	\$4.0	\$6.0
LASAGNA VEGETARIAN	\$5.2	
NACHOS BEEF OR VEGETARIAN		\$5.5

# WRAP-SANDWICH-SALAD-BURGER

ANY WRAP GLUTEN FREE WRAP + FILLINGS		\$6.0
ANY SANDWICH GF BREAD - ADD 50C TO REGULAR PRICE	FROM	\$4.0
ANY SALAD GLUTEN FREE DRESSINGS + TOPPINGS		\$6.0

## DONER KEBABS

DONER KEBAB & CHEESE E WITH BBQ SAUCE	\$6.5
DONER KEBAB & SALAD <i>E</i> LETTUCE, TOMATO, ONION CHEESE + 50C	\$ 7.5

## SNACK PACKS

DONER KEBAB MEAT *E* with salad or wedges cheese + \$1

\* AUTHENTIC DONER MEAT \*